What Can You Spend on This Goal?

	I can give that up.	I'd think about it.	Maybe if it was necessary.	Probably not.	Hell no.
Time with friends					
Time with family					
Time on the couch					
Time on vacation					
Time at work					
Time at spent doing other hobbies					
Money I'd spend on other hobbies					
Money I'd spend on vacation					
Money I'd spend going out with my friends					
Career advancement					
Full use of my body in later years					
Physical discomfort					
Psychological stress					
Sleep					